POWER to the PARENTS

keeping our children ***SAFE***

Do you ever worry about:

- Exploitation and grooming
- Social media
- Peer pressure
- Mental health and emotional well being
- School, friendships, relationships
- Keeping communication open at home

What you get:

- Practical advice
- A safe space to ask questions
- Guest speakers and specialist knowledge
- Tips you can use straight away at home
- No judgement
- Honest conversations and support

Every Monday 5pm to 6pm

via Teams

Free
to attend

Open
to all parents & carers

VEPP